

## **You are a genius week 44 @N.J.W Blog**

Unlock and tap into the incredible and powerful potential in your mind. Discover the attitudes of successful learners and how your attitude about learning will determine how far you go in your life and career.

### **QUESTIONS FOR REFLECTION:**

Q. Do you believe that you have a tremendous capacity to learn?

Q. Do you believe that you can learn anything if you discipline yourself?

Q. Which of the barriers is toughest for you to break through? Why?

Q. Which of the attitudes do you need to work on most? Why?

### **ACTION POINTS:**

1. Begin to reprogram your mind with new, positive beliefs. Spend some time giving yourself positive affirmations regarding your ability and potential.
2. Pick up a book or audio program and learn something!
3. Review and repeat what you learn from that book or audio program.

4. Apply that information in some tangible way and learn from that experience. For example, maybe you read about a new sales technique. When you go to your next sales call, try it. Then learn from what takes place.